

TURTLE ROCK WOMEN'S CLUB January 2019

2019 TRWC Board



President:
Kim Weiser
513-328 -0729



1st VP
Jan Merchant
248-9906



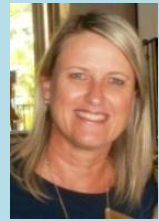
2nd VP
Susan Neisler
928-2317



Treasurer
Mary Beth Cordier
923-9459



Secretary
Cean Cerny
266-2460



Membership Officer:
Angela Pierre
321-3994

President's Message

Hello All,

I hope you all enjoyed the holidays and are back in Florida to enjoy our beautiful (and hopefully warm) winter season.

Speaking of membership...non residents of Turtle Rock will need to pay their dues (\$15) by January 15th to remain current. This includes ladies that are former residents of TR who moved away and want to still be in TRWC. All other residents/members would need to have their dues in by January 31st. All dues are submitted to Angela Pierre in check form only (no cash). After all dues are received, she begins working on our annual directory.

This February we will be going back to Amore restaurant. Since Feb is heart health awareness month, a heart health speaker is being planned. Look for more details in this newsletter. Our board is busy planning speakers and activities for the remaining spring months as well.

Until next time,

Kim

WELCOME NEW MEMBERS



Laurie Stumpek
4796 Sweetmeadow Circle
978-882-2874
lstumpek@comcast.net



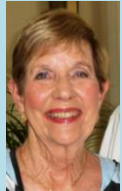
Debby Yush
5106 Hanging Moss Lane
203-258-5005
dsyush@sbcglobal.net

CALENDAR OF EVENTS – SAVE THE DATE

- January 9 - Meeting/Luncheon at Stoneybrook Country Club
- February 2 - Cocktail Party @ Community Center @ 6 p.m.
- February 6 - Meeting/Luncheon at Amore



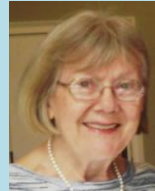
Andrea Dulow
Jan 16



Charlseay DeLorenzo
Jan 16



Liz DeLuca
Jan 26

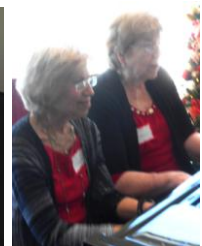


Zofia Cegi8elnik
Jan 29



Theresa Burazin
Jan 22

Sarasota Yacht Club - LUNCHEON/MEETING



Speaker for January lunch at Stoneybrook.

Sandy Bellino is a licensed Tai Chi' Chuan and Zumba instructor. She moved to the USA from Sao Paulo Brazil 20 years ago and lives here in Sarasota. Sandy studied at the Association Paulista De Tai Chi'Chuan in Brazil with Master Salomon Bernado Vinitsky beginning in 1988. She was also a licensed acupuncture physician. In 2009 Sandy earned her license to teach Zumba and aqua Zumba to older active adults and Aqua Tai Chi to all ages. She uses these Zumba toning classes to enhance her students' rhythm and build strength. Sandy also teaches Zumbatonic classes designed for kids. These high energy classes blend dance fitness routines with fun games and current popular music. Sandy holds a Master's degree in Arts and Music.

Membership Dues

Membership dues of \$15.00 per year are collected during the month of January. Please note that non-resident members are asked to send their dues by January 15 to show continued interest in our Club. Send check to Angela Pierre at 7972 Meadow Rush Loop.

TRWC Golf Group – A holiday luncheon was enjoyed by the TRWC Golf Group at the Mellow Mushroom on Tuesday, Dec. 11th. The group meets at Village Green on Tuesdays. Assemble at 10:15 for a 10:30 tee off. Lunch follows in the clubhouse. Call Sandee McCracken for information at 941-922-0791



Trolley Tour of Homes



Member **Melissa McOmaber** organized the Turtle Rock Trolley Tour this year and she sends us this message and picture of her son, Cole and his friend Alec. . *"The boys entertained the TRC with singing carols and jokes. Great food and drinks. The kids enjoyed the making crafts in between the Trolley rides. The boys donated their time from 5:00 set up and 8:00 for the last Trolley. Let's give a big thank you for all their efforts. A great thank you to **Angela and Claude Pierre and all the volunteers**. An extra special thank you to **Kathrin Harris**. She stepped in to help when I couldn't. Way to go."* If anyone would like to volunteer and take over for next year we would appreciate it

TURTLE ROCK WOMEN'S CLUB



446 Pineapple Ave., Sarasota, FL

LUNCHEON/MEETING – FEBRUARY 6, 2019

Gathering at 11:30 a.m. – Lunch served at 12 noon

\$25.00 including taxes and gratuities

MENU

Penne Sorentina

Sauteed fresh tomato & marinara sauce garnish with Burrata Cheese

Salmon Piccata

Cappars & Lemn white wine butter sauce, with roasted potatoes & vegetables

Veal Marsala

Sauteed with Marsala wine mushroom sauce, with roasted potatoes & vegetables

DESSERT

TIRAMASU

Drop off check in box under portico or mail to:

Carolyn Gossman, 5177 Far Oak Circle

Your Check is confirmation of your reservation

Deadline for reservations and cancellations is January 30, 2019

NAME_____TELEPHONE_____

Penne___Salmon_____ Veal_____

DIRECTIONS - Turtle Rock Blvd.to Central Sarasota Parkway

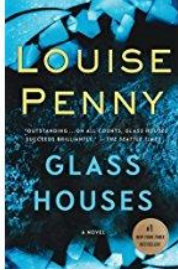
Turn right onto Tamiami Trl/S Tamiami. Continue to follow Tamiami Trl/US-41 N/FL

Turn right onto S Orange Ave. Turn slight left onto S Pineapple 446 S PINEAPPLE AVE is on the left.

The February speaker is **Meredith Cleveland, MS, CCRP** from Sarasota Memorial Healthfit. Meredith is a cardiopulmonary rehabilitation exercise physiologist and will be speaking on heart health and nutrition. She is Sarasota Memorial's program director for the SMH ORNISH REVERSAL PROGRAM. *As an exercise physiologist, she has a passion for improving people's health and overall well-being and works very closely with patients with cardiac and pulmonary diseases and other medical issues. She is also participates in SMH's "Ask an Expert", where doctors, nurses, and other health experts answer health and wellness queries through email and on-line.*



INTEREST GROUPS BOOK CLUB



The Book Club will meet on Jan 16th to discuss **Glass Houses**, Louise Penny, 388 pages. Questions about the Book Club, call **Sora Yelin at 926-4534**

BOWLINGGROUP



The Bowling Group gathers at the Gulf Gate AMF Bowling Center on Rte. 41 (next to the Outback) **Tuesdays at 1 p.m.** It is open to all members and non-members alike. If you need more information, please call **Karen Bradley at 953-1336**.



WATER AEROBICS

Mary Ann Gates leads a group exercise at our community pool on Tuesday & Thursday from 9:30-10:30 a.m. Contact **Mary Ann Gates at 927-5367** if you would like to join this group.



AQUA

Zumba classes are meeting at the Turtle Rock Community Pool on Monday at 3 p.m. Professional Brazilian teacher, **Sandra Bellino**, uses real Zumba music, she also teaches at Health Fit, Lakewood Ranch etc. Give us a try! **Sheila Brumberg 941 927 3654** or Sbrumberg9473@gmail.com

Bunco Night!!

Bunco is played on the third Wednesday of each month from 6-8pm at the Community Center; bring a snack and \$5.00 to play.

RSVP needed-please reply to:
Kathrin Harris @ 941-926-9494
kathrin2020@verizon.net

BRIDGE PLAYERS



Bridge is played at the Community Center on Tuesday and Friday. Those willing to be put on a **Substitute List**, please call Coordinators for availability.

Tues: **Charlotte Hase @ 923-6660**.
Duplicate bridge at the CC on the second and fourth Fridays of each month. **Mary Ann Gates @ 927-5367**.



KNITTING & NEEDLEWORK

This group meets at members' homes on the 2nd & 4th Wednesday of each month at 2 p.m. New members, including beginners, are always welcome. Call **Edie Wolf at 929-9209**.

TENNIS

This group meets on Tuesday mornings at 8:30 a.m. on the courts of the Community Center. For information on joining or general questions, please call **Beryl Perry at 706-3111**



MAH JONG

Mah Jong is played at the Community Center for TRWC members on Monday afternoons from 1-4 p.m. Call **Judy Bentz (412) 848-0950** or **Mary Lou Thrush (704) 502-2316** for more info. Mah Jong will be taught to beginners and regular players can set their own tables. The time and place is ongoing for the entire year, so come and join us for a lot of fun!



GOLF GROUP

Golf resumes at Village Green on Tuesdays. Assemble at 10:15 for a 10:30 tee off. Lunch follows in the clubhouse. Call **Sandee McCracken** for information at 941-922-0791